

JET, SET, GROOM

Next time you're flying, remember: 100 ml or less per item in your carry on. Grab these essentials and laugh your way through security.

1 Paul Mitchell Tea Tree Special Shampoo and Conditioner Duo Set:

These will leave your scalp moisturized and your hair soft, thanks to a specially formulated blend of Australian tea tree oil and aloe vera. **75 ml, \$4.75 each**

2 Baxter of California Travel Shaving Brush:

When you're done shaving, simply unscrew the top half, insert it brush-down into the tube and tighten until next time. 100% real badger hair, too. **\$50**

3 L'Occitane Verdon Fresh Deodorant:

It's scented with peppermint, sage and lavender oils, plus, unlike a lot of anti-perspirants, this stick has zero aluminum salts, which means no nasty reactions for sensitive skin. **\$24**

4 Zirh Soothe Post Shave Solution:

A calming lotion that smoothes just-shaven skin and doubles as a moisturizer, which is one less thing to pack. **100 ml, \$50**

5 Gillette Fusion ProGlide Power Razor:

An enhanced strip of lube ensures more glide and less irritation, while five ultra-thin blades and a precision trimmer ensure a fine, close shave. **\$15**

6 Osis+ Dust It Mattifying Powder for Light Control:

Rubbing powder into your lid may feel foreign at first, but it's great for a more textured and natural-looking head of styled hair. **10 g, \$24**

7 Taylor of Old Bond Street Luxury Sandalwood Shaving Stick:

No mess to clean up, unlike regular shaving soap, plus it smells like cedar, sandalwood and lavender. **75 ml, \$15**

8 eShave Pre Shave Oil: To prevent being the guy at the meeting with more paper on his face than in his briefcase, pack this. Two drops is all you'll need for a smooth, painless shave. **2 oz, \$23**

The Bag: Wet Pack by The Bridge Italy, **\$389** at Betty Hemmings Leathergoods

The WELL-GROOMED MAN

Staying kempt can be a tricky business. Our award-winning grooming editor, Leo Petaccia, answers your questions.

PIT SHOTS

I've heard you can get botox to help relieve excessive sweating. Seeing as I tend to suffer from this unfortunate situation, I'd like to know—is this legit?

EVAN, LEAMINGTON, ON

Totally. Fact is, there are a good lot of us who sweat a lot, regardless of climate or the clothes we wear. It is unfortunate, especially if looking pressed and crisp is part of your job. "I frequently perform botox for "hyperhidrosis" (profuse sweating)," assures Dr. Benjamin Barankin, a dermatologist based in Toronto. "It's a very effective and safe treatment, and many insurance plans cover the cost." Many other dermatologists use botox for armpits, as well as hands and feet. If your scalp sweats a lot, you may be out of luck, however, as scalp treatments are highly uncommon.

NECKMARES

My boyfriend's neck hair is out of control. Sometimes, you can't even see his hairline for it. He gets haircuts regularly, but the hair grows back fast and in bunches. It's grossing me out. How can I intervene?

JENN, BURNABY, BC

First, call him an idiot. That usually gets our attention quick. Then tell him to get himself over to the closest barbershop to kill the wild animal around his neck. Tell him to do this once a week. When he gets lazy, hit him. Whatever you do, don't attempt to solve this problem at home with clippers. I've seen too many chop jobs in the past and they always end up looking sad and, well, choppy. Shaping a man's hairline is a delicate procedure. Every one is slightly different, and unless you went to hair school, you'll probably worsen the problem.

TWEEZY DOES IT

I have a borderline unibrow. Worse, the ends of my brows (the hairs that hang over the far corners of my eyes) get bushy, too. Is plucking considered unmanly in this day and age?

HUANG, CALGARY, AB

Those blasted metrosexuals. Of course it isn't considered unmanly. Nor is any other perceivably "effeminate" bathroom ritual designed to help clean you up (armpit hair trimming, any kind of "manscaping," etc.).

Barbers have been treating "synophrys" (unibrows) for years. But if you feel awkward about it, there's an at-home solution, too: Take a shower (hot water opens your pores, making your eyebrow hairs easier to remove). Grab a pair of tweezers and pluck slowly, making sure symmetry and balance are preserved. The most important thing: don't overpluck. Place the tip of your ring finger on the area where your brows meet, and pluck whatever it covers. Finish up by wiping a dab of antiseptic where there used to be hair to prevent irritation.

THE TWEEZERMAN CAN

Ingrown beard hairs are extremely unpleasant, and for that reason the geniuses at Tweezerman make a great tool designed specifically for this issue. Use a single point to pick the hair out from under your skin. Then pluck it firmly at the root with the tweezer tips (which should be sterilized between uses).

➔ Tweezerman Ingrown Hair/Splintertweeze \$12

