



Put your Beauty nightmares to bed

with help from our experts

We turned to the experts for help with your biggest beauty dilemmas.

Q I HAVE BACNE AND I'M WEARING A BACKLESS DRESS TO PROM. WHAT IS THE BEST WAY TO GET RID OF THESE PIMPLES I CAN'T EVEN REACH?

A Eighty-five percent of teens get acne, often on the face, but it can be on the back, too. I encourage teens to see their dermatologist to identify what they're dealing with. It could be folliculitis or a rash, and not acne at all. A dermatologist can make a diagnosis. The first step to treating it is adopting a proper skin-care routine that includes cleansing and moisturizing. Depending on the type of skin condition, you may be prescribed a product targeted to treat your skin condition. Sometimes an antibiotic pill may be prescribed. Any treatment will often take an average of two months to start working, so seek treatment sooner rather than later. Also avoid picking or squeezing as it can lead to scarring and inflammation.

– Dr. Anatoli Freiman, dermatologist and medical director at the Toronto Dermatology Centre.

Tea Tree Flawless BB Cream from The Body Shop, \$15



The Body Shop Honey Bronze Shimmering Dry Oil, \$22

Q I WAS SWIMMING ON THE WEEKEND AND ENDED UP WITH OBVIOUS TAN LINES. I WILL LOOK RIDICULOUS IN MY STRAPLESS DRESS. ANY IDEAS?

A Pop into your favourite beauty store. Mine is The Body Shop! Ask for a BB cream in the shade that most closely matches the tanned skin. (I recommend The Body Shop Tea Tree Flawless BB Cream.) Apply and blend on the white strap marks to match the skin colour with the surrounding skin. Then, for a subtle summer glow, finish it with a shimmering oil or powder. If using The Body Shop Honey Bronze Shimmering Dry Oil, take a damp cotton round, apply the shimmering oil to the cotton round and then gently wipe over the shoulder and décolletage area and blend well for a gorgeous summer prom look.

– Jo, Skincare and Makeup Expert, The Body Shop.

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Dial Frozen Yogurt Cooling Body Wash, \$4.99